Support to carers and support at the end of life

Dementia-friendly communities

Raising awareness and reducing risk of dementia → Early stages of dementia and diagnosis → Living well with dementia early to mid stages → Living well with dementia mid to later stages → Specialist support; Hospitals, Care homes, Secondary mental health services

Early-stage dementia can often be misinterpreted as symptomatic of other problems, such as stress or ageing, because it can be indicated by short-term loss, confusion and anxiety.

In the middle stage, people require more support as they become increasingly forgetful, and they can become distressed or angry.

In the late stage, symptoms can include:
- being unable to easily recognise familiar objects, surroundings or people
- becoming increasingly frail
- developing a progressive slow or unsteady gait
- difficulty eating
- incontinence
- gradual loss of speech