Minutes from the Learning Disability Partnership Board (LDPB) Meeting on Wednesday 23 September
At the Sydni Centre, Leamington Spa

Helena Wallis chaired the meeting with Neil Roberts (Co-Chair)

Who Came to the Meeting?

- Helena Wallis (Co-Chair)
- Neil Roberts - (Co-Chair)
- Laura Bartley, LD Rep
- Tom Guest, LD Rep
- Liam Abraham - LD Rep
- Cathy Watt - Coventry, Warwickshire Partnership Trust
- Sherryl Gaskell - Commissioner, Quality, WCC
- Hardip Johal - Commissioning Support Officer WCC
- Lina Patel - LD Commissioner, WCC
- Suzanne Morrison, Family Carer Rep, Stratford upon Avon
- Hannah Delaney - Advocacy Support Worker, Grapevine
- Louise Spicer - Advocacy Support Worker, Grapevine
- Cllr Jose Compton - Councillor, WCC
- Julie Curtis - Learning and Development Consultant, WCC
- Claire Geary - Acute Liaison Nurse, Coventry, Warwickshire Partnership Trust
- Tracey Anderson - Acute Liaison Nurse, Coventry Warwickshire Partnership Trust
- Doreen Woodward - Service Provider Rep, New Directions
- Mick Curry - Family Carer Rep, Leamington Spa
- Mary Overton - Family Carer Rep, Leamington Spa

Words in blue have been included in a list at the end of the minutes to help understand them better.

Apologies
Doris Sheridan, Davina Clare, Emma Mold, Rachel Faulkner, Michelle Munnelly, David Price, Susan Huk, Jatinder Kaur, Jo-An Golding, Mike Lee, Dani Parrott, Louise Rogers, Andrea Randall,

People who shared information
Cathy Watt, Tracy Anderson, Clare Geary, Sherryl Gaskell, Liam Abraham, Tom Guest, Laura Bartley, Sue Deleey and Julie Smith.
Ground Rules

- Neil and Helena went through the ground rules of the meeting.
- Presentations should include key messages for Learning Disability Reps to be able to take away and discuss with their groups.

1. Minutes of last meeting

- Minutes were agreed as a true record of the last meeting.
- The LDPB has struggled to recruit carers and so in order to engage with family carers, a suggestion was made about Guideposts Rep to join the Board as a member and would be able to raise any issues on behalf of carers to the board.
- Board members said that it is important that we feedback any issue carers have with Guideposts. Mick Curry said it was important that we have family carers on the LDPB as they have the experience.
- Helena said it would be helpful for Guideposts, to have the feedback and to help inform more Family Carers about the LD Statement of Intent (SOI).

Board members voted on having a Guideposts Rep on the Board: OK

2. Ice breaker – LD Reps

The LD reps had put together an ice-breaker and asked people to write down where their favourite holiday destination is. People then guessed who had written it down.

3. LD Statement of Intent Delivery Plan – Sherryl Gaskell

- At the last board meeting it was agreed that we would have a quick overview of the Delivery Plan and focus on the red RAG rated areas and see if there is any risk of not meeting the aims in our SOI plan.
- At each meeting there will be detailed information about one of the areas. Cathy & Claire will give an update today on ‘My Healthy Lifestyle’.
• The schedule for progress updates has been changed slightly so that it aligns with commissioning intentions plans. At the next LDPB meeting will look at 'My Family Life'.

• We do not have any red areas. There was one last time, this was for Personal Health Budgets but that has now changed, we are making really good progress on the plan and are on track to meet the April 2016 deadline.

• At each meeting there will be an overview of the learning disability plan, including actions needed to be carried out in order to meet our aims.

My Home Life

• There are 8 LD Housing sites being developed across the County. The plans for building and opening are on target. Tim Willis gave us an update about this at the last board meeting.

• The plans for Transforming Care for people with learning disabilities are on target. Health and social care are working in partnership to make sure people continue to get the right care and support at home and they do not go into hospital if they do not need too.

• Part of this plan was to look at joint / pooled budgets. Commissioners are starting to plan for this as a pilot.

• Assistive Technology Commissioner will come to a future meeting and talk about how Assistive Technology helps people live more independently.

My Work Life

• A lot of people with a learning disability told us that they wanted a job. We want more organisations to come to Warwickshire so that customers have more opportunities to be supported into employment.

• WEST – Warwickshire Employment Support Team review should be happening at the end of the year.

• The Learning Disability Day Opportunities Tender will be going out soon for LD service providers.
My Family Life

- At the next meeting Sue Green will come and give an update on the Shared Lives scheme.
- Community Influencers and Transformation Assembly is being reviewed. There will be an update on this at the next meeting.
- All family carers registered with Warwickshire County Council will be offered a carers assessment.

My Social Life

- A review has been carried out to look at how the Learning Disability Community Hubs work and how they can work better. People told us that they are a really good idea but could link in with other agencies.
- A new specification will be put together, which will be co-produced.

Board members voted on the progress of the plan: OK

Any questions

- Sherryl asked that if there are any queries to send them through at least two weeks prior to the meeting, as we might need to get help from other officers to respond.
- Suzanne Morrison raised a query on behalf of family carers, who are concerned about Housing Related Support funding cuts. Sherryl said that we have been very clear on resources required to deliver the Learning Disability SOI. Additional resources were for the CCG’s to consider around health. Housing Related Support is a separate review and not part of our plan.
- Work life – if people want to have jobs they need to be able to access universal services, and support will also need to be provided in such an environment. Universal services need to make reasonable adjustments for people to access those services, including education and training and support.
- Direct Payments – some carers have received information from the pension regulator advising that employers with at least one member of staff must enrol eligible employees on a workplace scheme. Suzanne said that she has contacted Compass who have advised her, that no action needs to be taken. Suzanne has also received information from the Independent Living Team (ILT) advising her to not ignore letters and information.
4. ‘It’s my Life’ theme focused Update – My Healthy Lifestyle – Cathy Watt, Tracy Anderson and Claire Geary

- Cathy put together a quiz about the work that they do. Cathy said that some people may find the facts around the health outcomes of people with a Learning Disability shocking, but it is important to talk about these to make sure changes are made. Learning Disability Professionals and Nurses need to act on this to improve the health of people with a learning disability.

QUIZ answers

- People with a learning disability are 58 times more likely to die before the age of 50. We are looking at what we could do change this. Life expectancy is now increasing.

- Respiratory disease is possibly the leading cause of death for people with LD 46%-52% compared with the general population of 15%-17%.

- Up to 50% of people with a learning disability may have epilepsy and are more likely to have more than 1 type of seizure.

- Coronary heart disease is a leading cause of death amongst people with LD (14%-20%) (Almost 50% of all people with Down syndrome are affected by congenital heart defects).

- Dementia is higher amongst older adults with Learning Disabilities compared to the general population (22% vs 6% aged 65 +).
• Acute Liaison Nurses support nurses and doctors by educating them. Some people do have Health Passports which include information on medication, treatment, and the type of support required. There are people with a learning disability who have an invisible disability and not able to say that they need extra support.

• The learning disability Community Hubs are also providing sessions on a healthy lifestyle.

• People with a learning disability can go to their doctor for a health check and they would be able to provide them with a health action plan.

• CWPT also provide epilepsy awareness training to providers and offer advice and support over the phone if needed.

• CWPT now have a Dementia Care Pathway, which investigates and offers medical treatment, therapy, advice and training for staff. People with Down Syndrome are more likely to have dementia much earlier in life. Doctors have started to look at people with Down Syndrome and carry out screenings during health checks.

LD Acute Liaison Nurse – Tracy Anderson

• LD Acute Liaison Nurses are working in partnership with the hubs. The Stratford group ran for 6 weeks, and included Community Nurses, Guest Speakers and different topics to discuss each week.

• 17 people attended and support staff. We looked at a healthy diet, hidden sugars and portion sizes. Information was given to people to take home, everyone really enjoyed it the sessions.

• Mini Health Checks - weight, height and blood pressure checks were carried out. We also held a workshop on Hygiene and the importance of a good night’s sleep.

• Further sessions will be held at Stratford group and will be led by health. We are hoping to run sessions at Studley hub and Leamington hub too.
• **CWPT** Acute Liaison nurses, continue to provide training, easy read information. They are also working on increasing the number of people having health checks and provide training to family carers.

• Winterbourne View Plan - Warwickshire have been recognised as one of the fast track areas. There is a **bid** for NHS England for fast track funding for an enhanced support team to support people in their home rather than go into hospital.

• Mr Curry said that it is not always the person with a learning disability suffering it can also be the family. Professionals in health need to be more supportive and sensitive towards family carers.

### Lumps and Bumps - screening day

- We decided to have the raising awareness day as a lot of people with a learning disability do not go to screening appointments.
  - Out of 97 people only 23 people had their bowel screen
  - Out of 242 women only 62 had their cervical screen (smear test)
  - Out of 126 women only 19 had their breast screen (mammogram)

- A lady named Jackie who has a learning disability talked about her experience and journey of having breast cancer. The Learning Disability team worked with the Breast Cancer nurses to support Jackie. CWPT have run workshops on cancer screening and looked at the barriers for screening and how can we make this better.

- Work has started to work with nurses at the Breast Care centre in Coventry around supporting people with a learning disability. There are also groups such as the Mammogram group and the Top to Toe Health Group which will raise awareness and provide information on main cancer screenings.

- More work needs to happen with **GP’s** and cancer screening programmes to improve access and understanding of screening for people with learning disabilities.

- **Board members voted on the progress of ‘My Healthy Lifestyle’ theme of the plan:** **OK**
5. Warwickshire Self-Assessment Form (SAF) and Plan update - Sherryl Gaskell

- The small working group has been set up and will have key people at future meetings, including a person with a learning disability, a family carer and officers from Health and Social Care.

  We will be working with Coventry City Council and service providers to make sure we get the information we need.

- The group will meet monthly to work on the improvement action plan.

- In the past the SAF form has changed each year and so it has been difficult to compare and see if we are making a difference.

- This year the form will probably remain the same, and may not ask all the detailed information as last year. This will help us to look at the quality issues.

- We have started getting information from GPs, and data internally from Warwickshire. A lot of the actions are in the Statement of Intent and so work has already started.

**Improvement Plan**

- As the SAF form and measures changed last year, some ratings also changed to red. This year we should be able to compare if the questions do not change.

- On last year’s SAF, we RAG (Red, Amber, Green) rated the electronic Learning Disability flagging on medical systems and asking health professionals to record when a person has a health check that it is flagged up that they have a learning disability for future contacts.
- CWPT gave an update on the flagging system: University Hospital Coventry and Warwickshire and St Cross now have a flagging system, it is currently waiting to be approved. The system can be accessed by mobile phone apps. An email will be sent to inform the Learning Disability Acute Liaison Nurses so that they can make sure that reasonable adjustments are made for the individual.

- We will be collecting information on the numbers of people with a learning disability accessing Dental, Opticians and Paediatricians services.

- Figures around supporting people through the Justice System should be green as we have an officer to support people with learning disabilities.

- Warwickshire County Council has a robust safeguarding system, Sherryl is the Commissioner for quality and so this area should hopefully be a green.

- A survey was conducted last year asking family carers for feedback around Compassion, dignity and respect. We may do this again this year depending on the questions.

- Co-production is getting better as we are engaging more and listening to peoples views.

**Family Carers Views**

- The Learning Disability Partnership Board's (LDPB) role is to look at wider carer issues, personal issues need to be followed up outside of the meeting.

- Service providers can facilitate feedback from carers for and bring to LD Partnership Board.
6. Hate and Mate Crime E-Learning - Julie Curtis

- A few years ago, a hate and mate crime booklet was developed, to be used for staff training, however the difficulty was not being able to find out who had completed the training.

- Warwickshire County Council have now developed a new on-line training covering Hate and Mate Crime. It will be rolled out to all Warwickshire County Council staff and partners.

- Julie carried out a demonstration on the hate & mate Crime e-learning. It is made of 7 areas and tells us what hate and mate crime is. Each section takes 25 minutes to complete.

- The e-learning has been shared with a number of LDPB members with positive feedback and covers many things including information about how to support a person, the rights of people, and how to respond to hate and mate crime, case studies and the response to Gemma Haytor case.

- Julie asked for members to share this e-learning with your groups and staff. Access to the learning platform can be arranged by Julie Curtis.

- It was suggested to arrange access for general public, so that for example, neighbours who are suspicious can be given the right information, as not always the support staff. Julie said that will look at this option.

7. LD Rep Feedback

- Neil told the board about his visit on Wednesday 16 September with Ali Cole from NHS Arden Commissioning to the Health and Social Care Overview and Scrutiny Committee.

- He said that they had done a presentation about the Transforming Care fast track programme to about 30 people and he talked about the work the Winterbourne View small working group are doing.

- Cllr Compton said that the she has had some very positive about Neil's presentation and that the Committee were very impressed with Neil's contribution.
8. Transforming Care for people with learning disabilities DVD Update - Sue Deeley and Julie Smith

- Sue and Julie talked about the DVD which has been made about supporting people with learning disabilities in the community and avoid hospital admission.

- The DVD includes professionals talking about the vision for transforming care for people with learning disabilities and includes peoples real life stories covering relationships, friendships, home, celebrating, and training.

- Sherryl wanted people to recognise what a good service looks like and will be used in a number of ways. The feedback so far has been that the DVD is really powerful and captures our vision for the future in Warwickshire.

- We are now developing this as a learning tool. The DVD will be a really good quality measure to inform how we monitor a quality service and educate senior professionals.

- There will be a launch event happening on the 4 November.

9. Any other business

- Suzanne said that she has some queries on behalf of family carers. Lina Patel said she will take these away and respond to them as she will need information from other officers.
10. Date of next meeting

The next Partnership Board meeting will take place on Wednesday 18 November at 10am, Hatters Space Community Centre, Nuneaton.

The Jigsaw Group

- Emma and Louise have set up a drama group called the Jigsaw Group which is for people with a Learning Disability. There will be workshops held which will link in to different areas of the Learning Disability SOI plan and will also be taken to other centres to try and make it more interactive.

- It was suggested that it would be good to link in each meetings theme and have an update at each meeting.
### Actions from 23 September meeting

<table>
<thead>
<tr>
<th>Hard word</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bid</td>
<td>To make an offer (for money)</td>
</tr>
<tr>
<td>Carers assessment</td>
<td>An assessment which is carried out on family carers to look at a persons needs as a carer.</td>
</tr>
<tr>
<td>Clinical Commissioning Groups (CCG)</td>
<td>Clinical Commissioning groups (CCGs) are groups of family doctor health professionals.</td>
</tr>
<tr>
<td>Co-Produced</td>
<td>Service users, family carers and council officers working together.</td>
</tr>
<tr>
<td>CWPT</td>
<td>Coventry Warwickshire Partnership Trust - provides mental health and learning disability services for the people of Coventry and Warwickshire.</td>
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<tr>
<td>Justice system</td>
<td>This is the courts system.</td>
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<tr>
<td>Self assessment Framework - SAF</td>
<td>Each local authority across the Country completes an information about how they are doing in health and social care.</td>
</tr>
<tr>
<td>Specification</td>
<td>The requirements of a service.</td>
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