

Knit and Natter at Market Hall Museum
Every 1st Wednesday of the month 1.30pm - 3.30pm

Trauma Teddy Pattern

Market Hall Museum is supporting Warwick Hospital and making Trauma Teddies for children.

If you would like to have a go at making a Trauma Teddy see the pattern overleaf. You can drop finished teddies into the donation boxes in the museum cafe or come along to our monthly Knit and Natter session, every 1st Wednesday of the month from 1.30pm - 3.30pm. It's a free event and you can meet fellow crafters. Can't knit... then come along and learn. 10% off in the cafe.



Trauma Teddy Pattern

The whole bear is knitted in one piece and folded in half and sewn up. It can be knitted in garter or stocking stitch. When changing wool colour, always make sure the right side of the work is facing you.

C1 Colour 1 – feet and hands and head

C2 Colour 2 – trousers

C3 Colour 3 – jumper/body

Black wool for eyes, nose and mouth

Foot 1: Cast on 8 stitches in C1 wool and knit 4 rows.

Trouser : Change wool to C2 and knit 12 rows. Break off yarn. Push the work aside, along the needle and repeat above to make Foot 2 and trouser. Bring both legs together on the needle and knit across both legs (16 sts) in C2 and knit 4 rows

Jumper: Change to C3 wool and knit 12 more rows.

Arms: Cast on 6 stitches in C3 and then cast on 4 stitches in C1. Turn and knit 4 stitches in C1 and then change to C3 and knit the 16 stitches. Cast on in C3 6 stitches, change wool to C1 and cast on 4 stitches. Knit 6 more rows. Cast off 8 stitches at the beginning of the next 2 rows, changing wool colour as appropriate.

Head: With C1 wool knit 38 rows.

Arms: Cast on and knit 10 stitches at the beginning of the next 2 rows (changing wool colour as appropriate – 6 C3, 4 C1 wool. Knit 6 more rows. Cast off 8 stitches at the beginning and end of the row to finish the arms.

Body: Knit 12 rows in C3

Trousers and feet: knit 4 rows in C2. Knit 8 stitches (put the other 8 on a safety pin) turn and knit another 12 rows, change wool to C1 and knit 3 rows. Cast off.

Second leg: pick up the remaining 8 stitches and knit 12 rows in C2, and then 4 rows in C1. Cast off.

Stitch across the corners of the head to make the ears.

Make up teddy and stuff with approved toy stuffing. Sew on a smiley face. Thread C1 wool all around the base of the head and pull to tighten to form a head.