

Excess under 75 mortality in adults with serious mental illness

Performance: Not compared

The ratio of the directly age standardised mortality rate for people aged 18 to 74 in contact with Secondary Mental Health Services to the directly age-standardised mortality rate for the general population of the same age expressed as a percentage.

2013/14: 423.0

Introduction

The Disability Rights Commission has reported on serious inequalities experienced, in terms of reduced life expectancy, by those with severe mental illness. There is extensive published evidence that people with severe mental illness, such as schizophrenia, die between 15 and 25 years earlier than the average for the general population.

Methodology

Changes in the methods of how this data is processed mean that it is not advisable to directly compare figures with those from previous years. The changes suggest that more people are captured and it is believed the increase represents a more accurate and comprehensive picture of service activity.

Current position

The NHS Outcomes Framework (NHSOF) shows that in 2013/14:

England - 351.8 (337.4 in 2011/12)

Warwickshire - 423.0 (387.8 in 2011/12)

Links to other indicators

Estimated diagnoses rate for people with dementia

Current activity

Early intervention and physical health improvement for people with mental health problems has been identified as one of the key aims of Warwickshire's Public Mental Health and Wellbeing Strategy.

- Commissioning an enhanced role for Warwickshire's Wellbeing Hubs (which provide support to people with mental health problems and outreach mental health promotion work in communities) to give a new focus on the Five Ways to Wellbeing, physical activity, healthy eating and weight management.
- Commissioning an enhanced smoking cessation service for people who use mental health services.
- Working with Master Gardeners programme, and providers of physical activity and sports programmes to offer targeted interventions for people with mental health problems.

Future activity

- Continue to work with Clinical Commissioning Groups (CCGs) and mental health trusts to support the implementation of smoke-free health settings.
- Continue to work with CCG and mental health trusts to develop integrated physical health pathways using the Lester UK Adaptation tool.