

Everything you need to know about flu vaccines!

Pregnant?

The flu jab will not harm your baby - in fact it protects both of you.
Protect yourself.

Over 65?

You need a flu jab every year as the virus changes.
Protect yourself.

Health condition?

Getting the flu can be more serious if you have asthma, diabetes, or a heart, chest, liver, kidney or neurological condition.
Protect yourself.

FLU SAFE

H1N1

The flu jab will protect you from the H1N1 virus.
Protect yourself.

Children

A nasal vaccination is available for all children aged 2, 3 and 4 and those with a chronic health condition. Children in Years 1, 2 and 3 will be offered a vaccine through school.
Protect yourself.

Weakened immune system?

Flu can be fatal if you are already suffering from a weak immune system.
Protect yourself.

Are you a carer?

Get a free vaccine if you receive a carer's allowance, or are the main carer of a person whose welfare may be at risk if you fall ill.
Protect yourself.

FLU FACT

Flu can be a really serious illness

Contact your GP or Pharmacy today.

www.warwickshire.gov.uk/flu
www.coventry.gov.uk/flujab

