



NHS Health Checks

Countywide



What does the service offer?

- The NHS Health Check programme aims to prevent heart disease, stroke, diabetes and kidney disease, and raise awareness of dementia both across the population and within high risk and vulnerable groups.
- The NHS Health Check is aimed at 40-74 year olds who do not have a pre-existing diagnosis of vascular disease as these individuals should already be being managed and monitored through existing care pathways.
- The NHS Health Check consists of 3 components: risk assessment; communication of risk and risk management. The risk assessment consists of a number of tests which measure key risk factors and establish the individual's risk of developing cardiovascular disease including blood pressure, cholesterol, BMI.
- In Warwickshire GP practices across Warwickshire are commissioned to provide their eligible patients with an NHS Health Check once every 5 years. The scheme was first introduced in North Warwickshire in 2011, then in Rugby in 2012 and finally in South Warwickshire in 2013.

Recent Updates:

- Since the start of the programme 49,000 NHS Health Checks have been completed in Warwickshire with over 2,000 being diagnosed with Cardiovascular Disease including 370 with Diabetes and 1,400 with Hypertension.
- Of those that have been offered an NHS Health Checks 28% have taken up the offer and completed the check.

Key facts:

30.9% of the Warwickshire population aged 40-74 were offered a NHS Health Check in 2014/15, this is significantly better than the England average (*NHS*).

Service contact details:



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