

Do you need the flu vaccine?

Asthma/Lung Disease?

Flu can make your symptoms worse.
Protect yourself.

Diabetes?

Flu can cause blood glucose levels to rise, and lead to uncontrolled diabetes.
Protect yourself.

Heart disease?

Heart patients are four times more likely to have a heart attack after an infection like flu.
Protect yourself.

Neurological disease?

Patients with conditions such as Parkinson's and Motor Neurone Disease are among those at highest risk of dying from flu.
Protect yourself.

Liver disease?

Your immune system may be weakened, making you more likely to catch flu.
Protect yourself.

Weakened immune system?

Lowered immunity, for example from steroid medication, cancer treatment, problems with the spleen/no spleen, makes you less able to fight infection and recover from flu.
Protect yourself.

Kidney disease?

Get a free vaccine if Your immune system may be weakened, even if you feel well, making it harder to fight off and recover from flu.
Protect yourself.



FLU FACT

You need a flu vaccine every year

Contact your GP or Pharmacy today.

www.warwickshire.gov.uk/flu
www.coventry.gov.uk/flujob

