



WARWICKSHIRE HEALTH AND WELLBEING STRATEGY 2014 - 2018
WARWICKSHIRE HEALTH AND WELLBEING BOARD

Introduction

Maintaining health and wellbeing enables individuals to maximise their potential, lead active, fulfilled lives and participate fully in their community.

Foreword to the Warwickshire Health and Wellbeing Strategy

The Warwickshire Health and Wellbeing Board provides a countywide approach to improving local health and social care, public health and community services so that individuals, service-users and the public experience more 'joined up' care. The Health and Wellbeing Board is also responsible for leading locally on tackling health inequalities.

The Health and Wellbeing Board is a forum for councillors, commissioners and communities to work with wider partners to address the determinants of health, reduce health inequalities and strengthen our communities. One of the key benefits of Health and Wellbeing Boards is to increase the influence of local people in shaping services by involving democratically elected councillors and through Healthwatch, so that services can better meet local need, improve the experience of service users, and improve the outcomes for individuals and communities*.

Looking after the health and wellbeing of the population of Warwickshire is not the responsibility of one single body. Statutory and non-statutory organisations, including the voluntary sector, across the county all play a part in impacting on our health and wellbeing and influencing our behaviour.

The Health and Wellbeing Strategy provides Warwickshire residents and organisations with a picture of what the Health and Wellbeing Board, through its members and wider partners, will need to deliver over the next 5 years and how we will work together to achieve this.

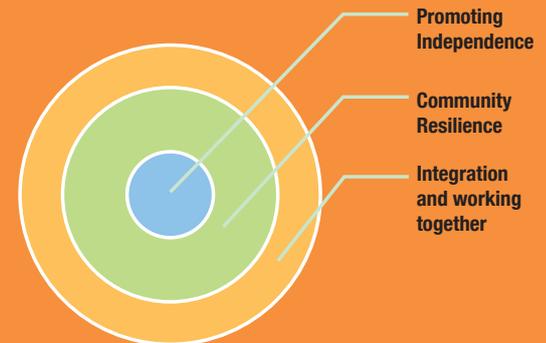
The Warwickshire Health and Wellbeing Board has agreed three priorities that will inform how we will work together, develop actions and report on our progress on improving the health and wellbeing of Warwickshire.



Cllr Izzi Seccombe

*Chair of Warwickshire Health and Wellbeing Board
Leader of Warwickshire County Council*

The Health and Wellbeing Strategy Priorities are:



* Joint Strategic Needs Assessment and joint health and wellbeing strategies explained

Priority 1 – Promoting independence for all. Our focus:

In order to promote independence, we believe that the Health and Wellbeing Board in Warwickshire should focus on the following areas over the next 5 years:

Our focus in Warwickshire will be to...	In five years' time Warwickshire will have...
Ensure the best possible start to life for children, young people and their families	<ul style="list-style-type: none">• A reduction in antenatal risk factors e.g. smoking in pregnancy and improved maternal and infant health and wellbeing• Positive parenting and an increase in the number of families receiving early help to tackle problems• A reduction in the local variations between educational attainments in Warwickshire's GCSE grades and improved positive destinations post 16• Fewer numbers of children living in poverty
Support those young people who are most vulnerable and ensure their transition into adulthood is positive	<ul style="list-style-type: none">• Integrated services across education, health, social care and the voluntary sector which focus on the needs of the most complex and vulnerable young people to ensure an effective transition to adult services• More young people remaining in education and training post 16 ensuring that they are ready for entry into the adult labour market• More vulnerable children and young people helped to make positive life choices• Continuity of workers and carers to provide stability and security while preparing vulnerable young people for independence.
Enable people to effectively manage and maintain their physical and mental health and wellbeing	<ul style="list-style-type: none">• More people, across all ages choosing to adopt healthier lifestyles to improve their health and wellbeing• Enhanced services for the early prevention, treatment and recovery of mental health problems across all ages• People will have equitable access to screening and prevention services to help them avert ill-health• Communities that understand dementia issues and support dementia sufferers

Ensure that people with disabilities have the same choice, control and freedom as any other individual – at home, at work and as members of the community

- **Improved early assessment of needs for children with special educational needs (SEN), physical and learning disabilities**
- **Better health outcomes and quality of life for people with disabilities through the implementation of personalisation**
- **More people with learning disabilities in paid work**
- **Adequate and appropriate housing for people with disabilities**
- **Better support and information for carers of disabled people to empower them to live the lives they want and achieve their full potential**

Provide additional support to other vulnerable groups of people

- **Health and care services that better meet the needs of vulnerable people to accelerate improvement in their health and wellbeing outcomes**
- **Better mechanisms of identifying vulnerable people and ensuring that they are signposted to the most appropriate services**
- **Safe and suitable housing provided by the private sector**

Enable older people to be able to remain in their own homes and to live healthy lives for as long as possible

- **An increase in preventative interventions for older people which reduce unnecessary hospital admissions for people with long term conditions**
- **A focus on reablement of older people to prevent further ill-health and promote greater wellbeing**
- **The right range of housing for older people with the right support (including telecare and telehealth*), as appropriate**
- **More older people being able to live at home longer and be supported to do so through the provision of appropriate and timely advice, adaptations to people's homes and the provision of extra-care housing**
- **Integrated services for frail older people with involvement from community health, housing, voluntary support and social care tailored to the needs of the individual**
- **Fewer people who feel lonely or socially isolated**
- **Better support for carers of older people to ensure they have access to appropriate information, funding and respite should they need it**

**.Telecare and telehealth services use technology to help people (usually older people) live more independently at home. They include personal alarms and health-monitoring devices. They are especially helpful for people with long-term conditions and they can also help people live independently in their own home for longer, so they can avoid a hospital stay or put off moving into a residential care home.*

Priority 2 – Community resilience. Our focus:

Our focus in Warwickshire will be to...

Take an asset based approach to working which values communities and the range of assets they possess

Work in partnership with our communities to build capacity and support them to increase their resilience, enabling them to better care for themselves within the community

Empower individuals and communities to take control and responsibility for their own and the community's health and wellbeing

In five years' time Warwickshire will have...

- **Organisations with an understanding of what community assets exist and how they can work in collaboration**
- **Services and resources in place that are based on community identified needs**

- **Communities with greater resilience who are better able to cope with and adapt to pressures**
- **Focus on prevention and early information, advice and resources**
- **Invest in and direct services and resources that increase resilience, reducing reliance on statutory services**

- **Healthier individuals and communities, more informed and taking responsibility for their health and wellbeing**
- **Quick and easy access to mental health and wellbeing information and services**
- **Front line workers from a range of sectors and community leaders supporting Making Every Contact Count (MECC) and 5 Ways to Wellbeing**

Ensure infrastructure, public services and resources are effective, accessible and tailored to those communities that need it the most

- **Communities supported through tailored interventions to build resilience and improved wellbeing**
- **The right information, advice and signposting to appropriate forms of available and accessible support within the communities they live**
- **Interventions and service outcomes measured using existing tools, ensuring they are effective and fit for purpose**

Facilitate communities to take ownership of shaping and transforming local services

- **Communities and organisations working together to co-design, produce and deliver integrated services**
- **Social enterprises established and working together with commissioners and organisations to deliver local services**

Improve educational attainment and access to learning at all ages.

- **Improved educational attainment learning opportunities for all, particularly with those eligible for free school meals.**

Facilitate communities to expand social capital and neighbourliness, building an increase in resilience.

- **Strong social and community networks that are cohesive and connected, with less isolation.**
- **Volunteers and community champions supported to work with their community.**

Priority 3 – Integration and working together. Our focus:

Our focus in Warwickshire will be to...

Support people to remain healthy and independent, in their own homes for longer

Improve accessibility and visibility of 'front doors' to support people, to make the right choice, the easiest choice, informed by customer journey examples

Improve care coordination in the community for high risk/cost patients

In five years' time Warwickshire will have...

- **An emergency response team that will reduce admissions to acute and residential care**
 - **Developed the care coordinator model based on clusters of GPs coordinating services to minimise acute sector usage**
 - **Delivered the reablement strategy and options appraisal for wrap around support**
 - **Reduction in emergency admissions and an increase in more appropriate use of primary care**
 - **Reduced the amount of time people unnecessarily spend in hospital**
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- **Undertaken customer journey mapping of experiences at front doors to services**
 - **Redesigned services appropriately, having considered integration options**
 - **Scoped the IT and infrastructure requirements needed to facilitate delivery**
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- **Established multi agency project groups to identify models that best fit the local areas, based around an integrated team approach, using case management, linked to GP clustered practices**
 - **Incorporated the requirement to align processes for accessing personal budgets**
 - **Used appropriate engagement methods and worked with individuals, their carers and families to assist in the redesign of services**

Improve data sharing, IT infrastructure and health and social care governance

- Established compatible systems to enable sharing of data
- Enabled the use of NHS numbers to be used as unique identifiers to share data and business intelligence, using a 'hub' where key data on individuals can be collated in a joint summary care record
- Developed a solution for the ability to send information confidentially and safely between organisations without compromising information governance

Improve partnerships across the wider social determinants of health

- Improved working with housing, planning and licensing to create healthy environments for individuals, families and communities to live
- A continued focus to support families affected by crime, unemployment and poor educational attainment
- Successful integrated working to tackle crime, reduce reoffending and excessive alcohol intake
- Created safer communities through the reduction of crime and the promotion of safety



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