

# Warwickshire Carers Offer



## Carers Wellbeing Service

The service helps to provide information support and signposting for carers via carer wellbeing workers across the county. The service also runs GP clinics, community groups and activities.

<https://www.carerstrusthofe.org.uk/warwickshire-carer-wellbeing-service/>

## Community Meals

Provider, Apetito, produces and delivers hot meals to people over the age of 50. The service helps to keep older people living as independently around the home as possible.

<https://www.warwickshire.gov.uk/mealsservice>

## Day Opportunities

The service provides day activities for eligible people. Carers themselves can have respite to carry out other activities too.

<http://hwb.warwickshire.gov.uk/themes/old-age/day-opportunities/>

## Young Carers

Warwickshire Young Carers aim to help make a difference to the lives of young carers from the age of 8 yrs upwards. The service makes a difference by encouraging young carers to take time out to relax, take a break and to realise their own dreams.

<https://www.warwickshireyoungcarers.org.uk/>

## **SEND**

The service provides advice and support for people with Special Educational Needs and Disability.

<https://www.warwickshire.gov.uk/send>

## **Family Information Service**

A free and information and signposting service for families with children and young people aged 0-25 and professionals working with families in Warwickshire.

<https://www.warwickshire.gov.uk/directory-record/40/family-information-service>

## **Library to the Door**

Library to the Door is a mobile library service that stops at over 300 locations across the county. The library includes large print, spoken word and books for young children and computers with printing and scanning facilities.

<https://www.warwickshire.gov.uk/libraries>

**HEART** – the Home Environment Assessment and Response Team provides support to Warwickshire residents who need to improve, repair or adapt their homes to meet their own health, safety and wellbeing needs.

[https://www.nuneatonandbedworth.gov.uk/info/21036/heart/353/heart\\_%E2%80%93\\_helping\\_you\\_live\\_independently\\_at\\_home](https://www.nuneatonandbedworth.gov.uk/info/21036/heart/353/heart_%E2%80%93_helping_you_live_independently_at_home)

## **End of Life (North only)**

The end of life service ensures that people end their lives in dignity with a choice of service provision, including help to remain in their own homes until they die.

<http://hwb.warwickshire.gov.uk/themes/old-age/end-of-life-care/>

## **Fitter Futures**

Fitter Futures Warwickshire services aim to support people across Warwickshire to improve their health. This may include maintaining a healthy weight, becoming more physically active and having a healthier lifestyle.

<https://www.warwickshire.gov.uk/fitterfutures>

## **NHS Health Checks**

The NHS Health Check is a free health check-up and is designed to spot early signs of stroke, kidney disease, heart disease, diabetes and dementia. The checks are aimed at people aged 40 – 74.

[https://onething.warwickshire.gov.uk/news/nhs\\_health\\_checks](https://onething.warwickshire.gov.uk/news/nhs_health_checks)

## **Care Companion**

Launched in 2018 by the University of Warwick, Care Companion is a website designed to support carers of older people in the UK. Care Companion offers information and support for carers that is personalised to each individual's unique caring situation.

<https://www.warwickshire.gov.uk/carecompanion>

## **Dementia Carers/Groups**

Dementia Navigators provide information and advice, practical and emotional support, and signposting to local support services or training in dementia awareness. Dementia Activities & Support offer alternative ideas for people with dementia such as cafes, enhancing skills and knowledge and other relevant services and support.

<https://dementia.warwickshire.gov.uk/>

## **GP Extended Access**

This service offers appointments to see GPs and Nurses during weekends and evenings. The appointment can be booked by speaking to a practice receptionist.

[www.coventryrugbygpalliance.nhs.uk/extended-hours](http://www.coventryrugbygpalliance.nhs.uk/extended-hours)

## **Act on Energy**

The Act on Energy scheme is a specialist collective switching organisation. While there is no guarantee on a saving, in the past average households have saved £179.

<https://www.warwickshire.gov.uk/switchandsave>

## **Warwickshire Parent Care Forum**

Warwickshire Parent Carer Forum acts as a voice for parent carers and families who have children or young people with Special Educational Needs or disabilities (SEND).

<http://www.warwickshireparentcarerforum.co.uk/About/>

Specialist carer support services includes ask your social worker or wellbeing service for more information:

Dementia Navigators, groups and support for those affected by Dementia

<https://directory.warwickshire.gov.uk/service/dementia-navigator-service>

Mental Health Specialist Carers Support Carer support for those affected by complex mental health needs, contact Customer Services on

01926 410410 <https://www.warwickshire.gov.uk/mentalhealthcarerservice>