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Here is text for you to cut and paste into an email to send to parents in order to introduce the **FREE** online guide/s. There are separate attachments which can be inserted into such an email, with instructions about how to access the guide/s and a **Frequently Asked Questions** sheet.

Attachments: FAQ for parents see 2f.

Dear parents and school community,

‘Understanding Your Child’ Guide for Parents

Warwickshire County Council is offering three FREE award winning, quality marked Guides for parents and carers (each guides usually costs £39 per person).

In recent research with over 1,127 Warwickshire mums and dads, they told us they wanted more opportunities to learn about being a parent and to increase their understanding of their children’s development and behaviour.

These Guides are designed to help build the confidence of parents and carers and grow their relationships with their children. In turn, this will build the emotional strength of their children, so they’re able to bounce back in life.

To get started visit warwickshire.gov.uk/parentguides and find Warwickshire’s FREE registration codes for each Guide. Click through to inourplace.co.uk to enter your code and begin learning.

Content of the ‘Understanding Your Child’ Guide:

Module 1	Welcome!
Module 2	How your child develops
Module 3	Understanding how your child is feeling
Module 4	Tuning into what your child needs
Module 5	Responding to how your child is feeling
Module 6	Different styles of Parenting
Module 7	Having fun together
Module 8	Rhythm of interaction
Module 9	Why sleep is important?
Module 10	Self-Regulation and Anger
Module 11	Communication and Tuning in
Module 12	Looking back and Looking forward