

Everything you need to know about flu vaccines!

Pregnant?

The flu jab will not harm your baby - in fact it protects both of you. Protect yourself.

Over 65?

You need a flu jab every year as the virus changes. Protect yourself.

Health condition?

Getting the flu can be more serious if you have asthma, diabetes, or a heart, chest, liver, kidney or neurological condition. People with learning disabilities and who have a body mass index over 40 are also at risk. Protect yourself.

FLU SAFE

H1N1

The flu jab will protect you from the H1N1 virus. Protect yourself.

Children

A nasal vaccination is available for all children aged 2 and 3 years old on August 31 2017 through their GP (i.e. those born between 1 Sep 2013 and 31 Aug 2015). All children in Reception and Years 1 - 4 will be offered a vaccination through school. A flu jab is also available for children from the age of 6 months with a chronic health condition. Protect yourself.

Weakened immune system?

Flu can be fatal if you are already suffering from a weak immune system. Protect yourself.

Are you a carer?

Get a free vaccine if you receive a carer's allowance, or are the main carer of a person whose welfare may be at risk if you fall ill. Protect yourself.

FLU FACT

Flu can be a really serious illness

Contact your GP or Pharmacy today.

www.warwickshire.gov.uk/flu
www.coventry.gov.uk/flujab

