

INTELLIGENCE BULLETIN

242. Statistics on NHS Stop Smoking Services in England – 1 April 2016 to 31 March 2017



PUBLIC HEALTH
WARWICKSHIRE

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Summary

This annual review presents results from the monitoring of the NHS Stop Smoking Services in England during the period 1 April 2016 to 31 March 2017. It includes information on the number of people setting a quit date and the number who successfully quit at the 4 week follow-up.

It also presents in depth analyses of the key measures of the service including pregnant women and breakdowns by age group, gender, ethnic group and type of pharmacotherapy received and regional analyses at Region and Local Authority (LA) levels.

Key Facts – England

- The number of people setting a quit date fell for the fifth consecutive year to 307,507 in 2016/17. This is a 15% decrease from 2015/16 (382,500).
- The number of self-reported successful quitters fell by 16%, down to 155,875, in comparison to 2015/16 (195,170). Again, this number reduced for the fifth consecutive year.
- 72% of self-reported successful quitters had their results confirmed by Carbon Monoxide (CO) validation (112,823).

Key Facts

Indicator	Region		
	England	West Midlands	Warwickshire
Number of people who set a quit date	307,507	31,035	3,963
Successful quitters after 4 week follow up (self-reported: total and %)	155,875 (51%)	15,514 (50%)	1,681 (42%)
% of successful quitters confirmed by Carbon Monoxide verification	72%	81%	80%
Number of pregnant women who set a quit date (total)	15,219	2,230	384
Successful quitters amongst pregnant women after 4 week follow up (self-reported: total and %)	6,964 (46%)	1,003 (45%)	181 (47%)
% of successful quitters amongst pregnant women confirmed by Carbon Monoxide verification	62%	73%	83%
Most common intervention setting (total)	General Practice (115,460)	General Practice (13,567)	General Practice (2,693)
Most common intervention setting for successful quitters after 4 week follow up (self-reported: total and %)	56,797 (49%)	6,577 (48%)	1,133 (42%)