

## Key Aims

- Raise awareness and promote sexual wellbeing, adopting a 'Sex positive' approach
- Reduced levels of sexually transmitted infections Reduced levels of HIV and BBV transmission in high risk populations
- Reduced levels of unintended pregnancy, particularly in those under 18
- Reduced levels of sexual violence and coercion particularly in our most vulnerable groups
- Improving the service access and service use experience of all communities

Core Principles		Outcome	Action	Measure	Target
Better Prevention	Integrated sexual health system providing education, support, choice and treatment promoting sexual health confidence through the sexual health life course.	Reducing the transmission of Human Immunodeficiency Virus (HIV), Sexually Transmitted Infections (STIs) and blood borne viruses (BBV)	<ul style="list-style-type: none"> <li>• Increase in HIV, STI and BBV testing providing a universal, but targeted approach</li> <li>• Increase the level of STI testing and treatment in primary care</li> <li>• Improve links with other relevant strategies (e.g. substance misuse, supporting people, adult / children safeguarding)</li> </ul>	<ul style="list-style-type: none"> <li>• New diagnosis of HIV in target groups</li> <li>• New diagnosis of all STIs</li> <li>• Repeat presentations for STIs testing and/or treatment</li> <li>• Number of late HIV tests</li> </ul>	Reduction Reduction Reduction Reduction
		Build resilience of children and young people and improve the performance of universal services in regards to sexual health and well being	<ul style="list-style-type: none"> <li>• Focused early intervention to those at risk (e.g. priority schools, looked after children, care leavers, Not in Education, Employment or Training (NEETS) and Young Offenders)</li> <li>• Further improve universal interventions (through partnership and workforce development)</li> <li>• Build knowledge and resilience particularly through RSE and School Nursing</li> </ul>	<ul style="list-style-type: none"> <li>• Number of under 18 conceptions and the gap between wards with the highest and lowest rates in the county</li> <li>• Proportion of new diagnoses of STIs in the under 25s</li> <li>• Uptake of HPV and Hepatitis B vaccinations in relevant populations</li> </ul>	Reduction Reduction Reduction Increase
		Reducing the number of initial and repeat terminations of pregnancy	<ul style="list-style-type: none"> <li>• Develop integrated service responses for high risk individuals and communities</li> <li>• Increased uptake and use of long-acting reversible contraception (LARC)</li> </ul>	<ul style="list-style-type: none"> <li>• Number of terminations and number of repeat terminations</li> <li>• Proportion of terminations undertaken &lt;10 weeks gestation</li> <li>• LARC uptake and as a proportion of contraceptive methods used</li> </ul>	Reduction Maintain Increase
Better Treatment		Earlier presentation, diagnosis and treatment of HIV, STIs BBVs	<ul style="list-style-type: none"> <li>• Commission Reproductive Sexual Health (RSH) and GUM services to provide integrated care pathways</li> <li>• Improve screening in high risk groups</li> <li>• Promote routine HIV screening in high prevalence areas and settings</li> </ul>	<ul style="list-style-type: none"> <li>• Proportion of earlier presentations</li> <li>• Proportion complicated clinical presentations</li> <li>• Number and % of people with HIV, Hepatitis B and Hepatitis C who are diagnosed late</li> </ul>	Increase Reduction Reduction
		Better community based services integrated with primary care	<ul style="list-style-type: none"> <li>• Increase and improve the role of NHS Primary Care and alternative community based services in delivering integrated sexual health services supported by education and training</li> </ul>	<ul style="list-style-type: none"> <li>• Proportion of STIs identified and treated in Primary Care and non-specialist settings</li> <li>• Proportion of LARCs supplied in Primary Care</li> </ul>	Increase Increase
		Reduced repeat presentations by changing behavior	<ul style="list-style-type: none"> <li>• Better prevention services integrated into the role of treatment providers</li> <li>• Increase awareness of linked risk behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• Number of repeat symptomatic/asymptomatic attendances requiring treatment</li> </ul>	Reduction
Better Support		Improve customer experience	<ul style="list-style-type: none"> <li>• Remodel mandated and non-mandated services in line with service user experiences</li> </ul>	<ul style="list-style-type: none"> <li>• 48 hour Access</li> <li>• Innovative recording of user experience/satisfaction</li> <li>• Provision of flexible services across the county</li> </ul>	Maintain Increase Increase
		Recognition and support for people vulnerable to, and victims of, sexual violence and exploitation	<ul style="list-style-type: none"> <li>• Contribute to the safeguarding of vulnerable groups</li> <li>• Develop appropriate pediatric Forensic Medical Examination (FME) provision at SARC and remodel</li> <li>• Service in line with user needs</li> </ul>	<ul style="list-style-type: none"> <li>• Number of recorded cases of sexual violence exploitation, coercion and intimate partner violence</li> <li>• Number of crimes or repeat offences under the Sexual Offences Act committed by defined vulnerable groups</li> </ul>	Increase Reduction
		Promote self-care and self-efficacy	<ul style="list-style-type: none"> <li>• Support self-care programmes for people living with HIV</li> <li>• Implement systematic behavioral change interventions, based on evidence to support self-efficacy</li> </ul>	<ul style="list-style-type: none"> <li>• Unplanned episodes of ill-health requiring health and social care service interventions</li> <li>• Mortality from preventable causes (e.g. HIV, Hep B and C)</li> </ul>	Reduction Reduction